POLICY 24 SUICIDE AND SELF-HARM SCREENING, ASSESSMENT AND INTERVENTION

Policy Committee Chair

Don Mead, Ed. D. Superintendent, Echo Glen

Juvenile Justice & Rehabilitation Administration

XTVX

Approved

John Clayton, Assistant Secretary

Juvenile Justice & Rehabilitation Administration

2/1/2013

Authorizing Sources

RCW Chapter 13.40

RCW Chapter 72.05

RCW 71.05.525

RCW 71.34.795

Information Contact

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2/1/2013

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2/1/2015

I. PURPOSE AND SCOPE

This policy establishes requirements for suicide and self-harm screening, assessment and intervention in JR facilities.

All staff, contractors, volunteers, and interns working in the Division of Juvenile Institution Programs, Division of Community Programs and Parole, and the Division of Operations and Support Services are responsible for reviewing and complying with JR policies. Jails and detention programs may use their own self-harm and suicide screening, assessment and intervention plans approved by their health care authority.

II. DEFINITIONS

Designated Mental Health Professional (DMHP): Qualified JRA staff, selected by a panel chaired by the JRA Clinical or Medical Director, to provide approval of suicide precaution levels, consultation and supervision conditions.

Health Care Professional: At facilities with access only to community medical facilities, this means a nurse, nurse practitioner, physician assistant, or physician. At facilities with on-site medical staff, this refers to a physician, nurse practitioner or physician assistant.

Professional Medical Attention: Medical treatment that requires the level of professional training or expertise of a health care professional to address an injury or medical issue, this does not include basic first aid.

Protective Factors: Conditions or circumstances that build resilience, shield the negative effects of risk factors and warning signs, and are associated with reduced potential for suicide and self-harm.

Risk Factors and Warning Signs: Variables or changes in behavior indicating an increased likelihood a youth will engage in suicide or self-harm behavior.

Self-Harm Behavior: Thoughts, urges, communication or acts with intent to injure self.

Suicidal Behavior: Thoughts, urges, communication or acts with intent to kill self.

Suicide Precaution Level (SPL): An assigned classification that designates specific steps to supervise a youth identified with suicide or self harm behaviors or risk factors.

Suicide Self-harm Screen (SSS) - A screening tool used to evaluate suicide risk.

Supervision Conditions: Requirements approved by the DMHP to structure a youth's environment while on a Suicide Precaution Level.

III. POLICY

- 1. JR will intervene when youth are known to be exhibiting suicidal or self-harm behavior. Staff will immediately obtain medical care as needed.
- 2. JR will ensure that staff who supervise youth are oriented and trained to suicide and self-harm screening, intervention, and policy. Staff orientation and training records will be documented and maintained.
- 3. Staff will communicate and document known suicidal and self-harm behavior to transportation staff and any receiving facility prior to a youth's transport in accordance with Policy 18, Transporting JR Youth.
 - 3.1. Youth on Suicide Precaution Levels (SPL) 1 or 2 (or comparable level from a non-JR program) will not be transported by the Transportation Unit. Alternative transportation will be arranged by the sending and receiving programs.
 - 3.2. Youth on SPL 3 or 4 may be transported by the JR Transportation Unit with approval of the Transportation Unit Administrator or designee.
- 4. Youth with current or significant recent suicide ideation or behavior during the diagnostic process will be assigned to Echo Glen Children's Center or Green Hill School dependent on age and gender.

RESIDENTIAL

- 5. Staff will provide direct observation of youth until the initial Suicide Self harm Screen (SSS) <u>Suicide and Self-Harm Screen</u> is completed.
- 6. Staff will complete an SSS and consult with the DMHP:
 - 6.1. At intake to a residential facility;
 - 6.2. When there is evidence of risk factors or warning signs, and
 - 6.3. When a change in SPL may be warranted.

- 7. Staff will immediately place a youth on an SPL when indicated by the SSS, known risk factors or warning signs.
 - 7.1. **SPL 1** Staff will place youth on SPL 1 if the youth's suicidal or self-harm behavior:
 - 7.1.1.0ccurred during the past 24 hours; and
 - 7.1.2. Caused an injury requiring professional medical attention.
 - 7.1.2.1. Staff will report to Child Protective Services suicide/self-harm injuries that required professional medical attention consistent with *JR Policy 34*, Reporting of JR Youth Abuse or Neglect.
 - 7.2. **SPL 2** Staff will place a youth on SPL 2 if the youth exhibits suicidal or self-harm behavior:
 - 7.2.1. That occurred in the past 24 hours; and
 - 7.2.2.Cause an injury that did not require professional medical attention.
 - 7.3. **SPL 3** Staff will place a youth on SPL 3 if the youth:
 - 7.3.1.Exhibits recent self-harm behavior that does not meet Level 1 or 2 requirements, and
 - 7.3.2. Will not agree to abstain from self-harm acts, or
 - 7.3.3. Will not agree to alert staff when having thoughts, urges or intending to self-harm.
 - 7.4. **SPL 4** Staff will place a youth on SPL 4 if the youth:
 - 7.4.1. Has a known history of suicidal or self-harm behavior within the past six months; or
 - 7.4.2. Presents risk factors and warning signs without mitigating protective factors.
- 8. Staff will consult as soon as possible with the DMHP for approval or adjustment of the SPL and supervision conditions.
 - 8.1. DMHP will review, approve or adjust SPL and supervision conditions.
 - 8.2. DMHP will document consultation, approved SPLs, and supervision conditions in the DMHP log. DMHP will review and approve SSS in ACT.
 - 8.3. Staff will adhere to, implement and document the DMHP-approved SPL and supervision conditions on the appropriate Supervision Conditions forms:
- 9. In addition to supervision conditions assigned by the DMHP, staff must adhere to supervision conditions required for each level of SPL.
 - 9.1. SPL 1 requires staff to:
 - 9.1.1.Intervene when youth are known to be exhibiting suicidal or self-harm behavior.
 - 9.1.2.Immediately obtain medical care as needed.
 - 9.1.3. Provide one to one continuous supervision and conduct no other task.
 - 9.1.4. Maintain full view of youth and keep within three feet of distance.
 - 9.1.5.Upon SPL placement, conduct room search (in accordance with Policy 42, *Search &* Seizure) and remove potentially harmful objects.
 - 9.1.6. Visually monitor use of bathroom and shower.

- 9.1.7. Notify DMHP of new risk factors, warning signs, or a decrease in protective factors.
- 9.1.8.Document observations, behaviors, or interaction every 10 minutes in the Youth Suicide Precaution Tracking form.

9.2. SPL 2 requires staff to:

- 9.2.1.Intervene when youth are known to be exhibiting suicidal or self-harm behavior.
- 9.2.2.Immediately obtain medical care as needed.
- 9.2.3.Upon SPL placement, conduct room search (in accordance with Policy 42, Search & Seizure) and remove potentially harmful objects.
- 9.2.4. Maintain youth outside their room and in group milieu during waking hours when possible.
- 9.2.5. Provide auditory monitoring of bathroom and shower use; keep door ajar and make visual observation at least every three minutes.
- 9.2.6. Notify DMHP of new risk factors, warning signs, or a decrease in protective factors.
- 9.2.7.Document observations, behaviors, or interaction every 10 minutes in the Youth Suicide Precaution Tracking form.

9.3. SPL 3 requires staff to:

- 9.3.1.Intervene when youth are known to be exhibiting suicidal or self-harm behavior.
- 9.3.2.Immediately obtain medical care as needed.
- 9.3.3.Upon SPL placement, conduct room search (in accordance with Policy 42, Search & Seizure) and remove potentially harmful objects.
- 9.3.4. Maintain youth outside their room and in group milieu during waking hours when possible.
- 9.3.5.Provide auditory monitoring of bathroom and shower use; keep door ajar and make visual observation at least every three minutes.
- 9.3.6. Notify DMHP of new risk factors, warning signs, or a decrease in protective factors.
- 9.3.7.Document observations, behaviors, or interaction every 15 minutes in the Youth Suicide Precaution Tracking form.

9.4. SPL 4 requires staff to:

- 9.4.1.Intervene when youth are known to be exhibiting suicidal or self-harm behavior.
- 9.4.2.Immediately obtain medical care as needed.
- 9.4.3.Upon SPL placement, conduct room search (in accordance with Policy 42, Search & Seizure) and remove potentially harmful objects.
- 9.4.4.Maintain youth outside their room and in group milieu during waking hours when possible.
- 9.4.5.Notify DMHP of new risk factors, warning signs, or a decrease in protective factors.
- 9.4.6.Document observations, behavior, or interaction in the unit log. At a minimum, a log entry should be made toward the end of each shift.

- 10. Staff will document observations, behaviors or interactions of youth on SPL 1, 2 and 3 on the Youth Suicide Precaution Tracking Form. Tracking must be done on an irregular schedule within the required time frames outlined above.
 - 10.1. SPL 4 documentation will be completed following shift observation, in the living unit log, at least every eight hours.
- 11. Staff may increase an SPL or change supervision conditions as indicated by:
 - 11.1. Suicidal or self-harm behavior; or
 - 11.2. Risk factors or warning signs; or
 - 11.3. Decrease of protective factors.
- 12. Staff will consult with the DMHP and confirm as soon as possible an SPL increase and/or change of supervision conditions.
- 13. Staff will consider requesting a reduction of the SPL or changing supervision conditions when there has been:
 - 13.1. A reduction in suicide and self-harm risk factors or warning signs; or
 - 13.2. An increase in protective factors.
- 14. The DMHP is the only staff authorized to reduce the SPL and supervision conditions. To increase youth safety and minimize vulnerabilities, recommendations to the DMHP for reduction or removal will occur between 8:00 a.m. and 5:00 p.m. (*Use Procedure 24.1, Reducing a Youth's SPL*)
- 15. Staff will communicate the approved SPL and supervision conditions to:
 - 15.1. Youth;
 - 15.2. Unit and other involved staff;
 - 15.3. Program Manager;
 - 15.4. Transportation staff if being transported;
 - 15.5. Health care staff;
 - 15.6. Any receiving residential placement; and
 - 15.7. Custodial parent or legal guardian. Notification will be consistent with *JRA Policy 29*, Confidentiality and Release of Records
- 16. Staff will notify the Regional Administrator, Superintendent or designee of the approved SPL.
 - 16.1. Superintendent/Regional Administrator or designee will review, consult and facilitate transfers of SPL youth as needed.

PAROLE

- 17. Staff will respond to known suicidal and self-harm behavior by:
 - 17.1. Contacting law enforcement or emergency services as needed, and

- 17.2. Communicating resources to youth and custodial parents or legal guardian consistent with *JRA Policy 29*, Confidentiality and Release of Records
- 18. Communication of resources, intervention referrals and contacts will be documented in ACT and communicated to the Regional Administrator or designee.

IV. REFERENCES

Standards (ACA, NCCHC)

V. PROCEDURES

PRO 24.1 - Reducing an SPL

VI. RELATED JRA POLICIES

Policy 18 – Transportation of JR Youth

Policy 34 - Reporting of JR Youth Abuse or

Neglect

Policy 29 - Confidentiality and Release of Records

Policy 42 - Search & Seizure

VII. FORMS AND DOCUMENTS

Document TitleAvailable In ACTLink to Paper formSuicide Self-Harm Screen (SSS)Image: Comparison of the Comparison





JUVENILE REHABILITATION ADMINISTRATION (JRA)

YOUTH SUICIDE PRECAUTION TRACKING

Suicide Precaution: Level 1 Level 2 Level 3

Page	of	

YOUTH'S NAME:	LAST FIRST	MIDDLE	JRA NUMBER	DATE	☐ A.M. ☐ P.M.
Time	Behavior	Staff	Time	Behavior	Staff
□AM □PM			□AM □PM		
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Copy to: Case File

Department of Social & Health Services JRA Juvenile Rehabilitation Administration	nd Self-Harm Scı	reen (SSS)	TYPE OF SCREEN Intake SPL review / Reduction Warning sign / Risk factor
YOUTH NAME	JRA NUMBER	DATE OF BIRTH	GENDER Male Female
INFORMATION SOURCES(S) (CHECK ALL USED) ☐ DMHS ☐ CHR ☐ GAIN-SS ☐ Previous SSS – needed for reduction	Case file Other (describe	• •	ent Reports
NAME OF STAFF COMPLETING SCREEN		DATE OF SCREEN	TIME OF SCREEN
	Event Prompting	SSS	
	Part I: Youth Self-	Ranort	
		-	
Did youth participate in Youth Self-Report? ☐ Yes ☐ No. Youth is unwilling to respond. ☐ No. Youth is not able to respond (h ☐ No. Youth is not on site (transporte	ighly dysregulated, bein d to hospital or other ins	g attended by medical,	unconscious).
INTERVIEWER: Orient youth to the interview		eason: overview/what w	ill be covered: confidentiality/
notification others; permission to ask questi INTRODUCTION TO THE INTERVIEW: "I really important that we keep youth here sat general and some are personal and may be some basic questions."	ons/clarify throughout. am going to ask you sor fe and help them stay sa	me questions related to afe if they need help. So	self-harm and suicide. It is one of the questions are
 Are you currently prescribed medication If yes, list all known: 	ns(s)? 🗌 No 📗 Ye	es If no, go to ques	tion 3.
2. In the past month, have you taken you lf no, explain:	r medication(s) as presc	ribed? 🗌 No 🔲 Ye	es 🗌 N/A
INTERVIEWER: "Now I want to ask about	your recent moods."		
3. Have you been sadder than usual?] No ☐ Yes		
If yes, rate feeling $1 - 10$ ($1 = a$ little meaning Comment:	ore sad; 10 = saddest ye	ou have ever been):	

Comment:

4. Have you been more irritable or angry than usual?

No Yes

If yes, rate feeling 1 - 10 (1 = a little more irritable or angry; 10 = a angriest you have ever been):

5.	Have you been more anxious than usual? No Yes
	If yes, rate feeling $1 - 10$ ($1 = a$ little more anxious; $10 = most$ anxious you have ever been): Comment:
6.	Do you tend to do things impulsively or before thinking about them? No Yes If yes, explain:
INT	ERVIEWER: "These next few questions are more personal and may be a bit harder to talk about, so take your time."
7.	Have you been more hopeless or despairing about the future than usual? ☐ No ☐ Yes If yes, rate feeling 1 − 10 (1 = a little more hopeless; 10 = most hopeless you have ever been): Comment:
8.	Do you feel unwanted or like a burden to your family or people close to you? No Yes If yes, interviewer says: "That must be hard for you," or makes other appropriate empathetic response. If yes, explain:
9.	Have you had something bad or stressful happen to you lately? No Yes If yes, what happened:
10.	Have you lost or ended an important relationship lately? No Yes If yes, interviewer says: "I'm sorry. That's hard at a time like this," or makes other appropriate empathetic response. If yes, explain:
to a you	ERVIEWER: "Now I want to ask you about self-harm and suicide. These questions are very personal, but important sk. Some of these questions ask about ever in your life and some are about right now . Please ask me to clarify if don't understand."
	e youth answers yes to any of the following self-harm or suicide questions, empathetic responses should be given. Has anyone in your family or close to you died recently? No Yes If yes, explain:
12.	Has anyone in your family or close to you ever harmed or killed themselves? No Yes If yes, explain:
13.	Have you ever had thoughts or urges to harm or kill yourself? No Yes If yes, answer a – b. If no, go to question 14.
	a. When was the last time (month, day, year)?b. What thoughts did you have?
14.	Have you ever told anyone, written down or done any artwork about wanting to harm or kill yourself? No Yes If yes, explain:
15.	Have you been hearing voices telling you to harm or kill yourself? No Yes If yes, tell me about them:
16.	Do you have a plan to harm or kill yourself? No Yes If yes, answer a – b. If no, go to question 17. a. If yes, explain: b. Do you have or could you get what you need to harm or kill yourself? No Yes If yes, explain:

17. Have you ever done anything to harm or kill yourself? No Yes If yes, answer a – e. If no, go to question 18.
a. When was the first time (month, day, year)?
b. When was the last time (month, day, year)?
c. How many times total?
 d. Have you ever seen a nurse, doctor, or gone to the hospital due to self-harm behavior? ☐ No ☐ Yes e. On a scale of 0 − 10; 0 = no intention and 10 = very serious intent; how much did you want to kill yourself?
If youth answers yes, describe what they did and document outcomes, particularly for the most recent incident?
INTERVIEWER: If youth answered yes to question 17, after asking a – e, say "I appreciate your honesty. It's good for me to know this information. I don't want you to harm or try to kill yourself again. We will help you make a safety plan; you're not alone. We'll come back to this later."
18. Do you wish you were dead now? No Yes Don't care Comment:
INTERVIEWER: If yes, follow with "I am concerned about you. It must be hard to feel that way. We're going to work on some options for you," or some other empathetic response.
19. Is there anything else you think I should know about you and your risk for self-harm? ☐ No ☐ Yes If yes, document:
20. If you have thoughts of harming or killing yourself while you are here, will you let staff know? No Yes If yes, document what youth agrees to:
21. Will you make a commitment or a promise to keep yourself safe or tell staff if you feel like harming or killing yourself? No Yes Comment:
INTERVIEWER: "Thank you for your willingness to answer these questions. I appreciate your honesty."
Explain that you need to take a few moments to review the responses and possibly consult with other staff members. You will then get back to the youth and let youth know what the next steps will be. If youth is at imminent risk of self-harm or suicide, be sure to take immediately steps to keep youth safe. Speak to the youth with warm and supportive statements such as "I am concerned about you. Here is what I am going to do to keep you safe right now."
Part II: Staff Observations/History
22. Is youth currently prescribed psychotropic medication(s)? No Yes If yes, explain:
23. In the past month, has the youth taken his/her medication(s) as prescribed? No Yes N/A If yes, explain:
24. Has youth expressed or demonstrated sadness, irritability, hopelessness, despair, or anxiousness? ☐ No ☐ Yes If yes, explain:
25. Has youth demonstrated impulsivity? No Yes If yes, explain:

26.	Has youth demonstrated increased withdrawal or isolation? No Yes If yes, explain:
27.	Has youth experienced changes/disruption of close interpersonal relationships? No Yes If yes, explain:
28.	Has youth had a family member or anyone close to him/her ever harm or kill self, or die recently? No Yes If yes, explain:
29.	Has youth reported experiencing hallucinations in which he/she was told to harm or kill self? No Yes If yes, explain:
30.	Has youth demonstrated other warning signs? No Yes If yes, check all that apply. Declining school performance Sleeping too much or too little Changes in weight or appetite Loss of pleasure/interest in usual activities Negative environmental changes in the last month Other (describe): If yes, explain:
31.	Does the youth have a DSM-IV Axis I or Axis II diagnosis? No Yes If yes, document:
32.	Is there evidence youth has regularly used or abused substances in the past six (6) months? No Yes If yes, explain:
33.	Has youth made statements, written anything, or done artwork about wanting to be dead, harm or kill self? No Yes If yes, explain:
34.	Is there any evidence or record that youth has ever harmed or planned to harm self? No Yes If yes, explain:
35.	Has youth identified a current plan to harm or kill self? No Yes If yes, answer question 36. If no, go to question 37. If yes, explain:
36.	Has youth taken steps to put plan in action? ☐ No ☐ Yes If yes, explain:
37.	Is youth working on a BCA, learning skills, or implementing a prevention plan (reducing vulnerabilities)? No Yes N/A (intake only) If yes or no, explain:
38.	If applicable, please add any other pertinent information not covered above:

Part III: Suici	ide Precaution Level R	Recommendation						
Describe rationale for recommendation. If this is an initial SSS, or is to increase SPL, refer to risk and protective factors in screen. If reducing SPL, refer to risk and protective factors and also include information from the SPL reduction packet.								
Recommended Suicide Precaution Level: Level 1 Level 2 Level 3 Level 4 No Level								
Part IV: Suicide	Precaution Level Not	ification / Approval						
NOTIFICATION WH	10	TIME	DATE					
Designated Mental Health Professional								
WH	IO	TIME	DATE					
☐ Officer of the Day (OD)								
WH	10	TIME	DATE					
☐ Program Administrator or Designee								
WH	Ю	TIME	DATE					
☐ Parent/Legal Guardian								
DMHP Approved Suicide Precaution Level:	Level 1	☐ Level 3 ☐ Level 4	☐ No Level					
DMHP Approved Conditions of Confinement:								



Administration

Supervision Conditions: Suicide Precaution Level 1

YOUTH		JRA NUMBER	FACILITY / LIVIN	NG UNIT			
DMHP		STAFF					
DATE AND TIME		PLACEMENT OR	REVIEW	SSS DATE			
☐ Standard supervision conditions							
☐ Youth cannot have these items:							
Belt Jewelry Blankets Mattress Book Paper Clothing strings Pants Crayon Pen / pencil Other / comments:	Pillows Pillow ca Sandals Sheets Shoes	ases	horts ocks weat pants -shirt nderwear				
☐ Added supervision conditions:							
☐ Jumpsuit ☐ Safety blanket ☐ Other / comments:	☐ Safety m	nattress 🗌 S	afety smock				
☐ Searches:							
☐ Common area ☐ Electronic Please note frequency of search:	Frisk	☐ R	oom	☐ Strip			
Program changes (school, meals, recreation, etc.):							

- 1. Intervene when youth are known to be exhibiting suicide or self-harm behavior as needed.
- 2. Immediately obtain medical care as needed.
- 3. Provide one to one continuous supervision and conduct no other task.
- 4. Maintain full view of youth and keep within three feet of distance.
- 5. Upon SPL placement, conduct room search and remove potentially harmful objects.
- 6. Visually monitor use of bathroom and shower.
- 7. Notify DMHP of new risk factors, warning signs, or a decrease in protective factors.
- 8. Document observations, behaviors, or interaction every 10 minutes in the Youth Suicide Precaution Tracking form.



Administration

Supervision Conditions: Suicide Precaution Level 2

YOU	JTH		JRA NUMBER	FACILITY	/ LIVING UNIT	
DMI	HP		STAFF			
DAT	E AND TIME		PLACEMENT	OR REVIEW	SSS DATE	
	Standard supervision conditions					
Ш	Youth cannot have these items:					
	□ Belt □ Jewelry □ Blankets □ Mattress □ Book □ Paper □ Clothing strings □ Pants □ Crayon □ Pen / pencil □ Other / comments:	Pillows Pillow ca Sandals Sheets Shoes	=	Shorts Socks Sweat pan T-shirt Underwear		
	Added supervision conditions:					
	☐ Jumpsuit ☐ Safety blanket ☐ Other / comments:	☐ Safety m	nattress 🗌	Safety smo	ck	
	Searches:					
	☐ Common area ☐ Electronic Please note frequency of search:	Frisk		Room	☐ Strip	
	Program changes (school, meals, recreation	on, etc.):				

- 1. Intervene when youth are known to be exhibiting suicide or self-harm behavior.
- 2. Immediately obtain medical care as needed.
- 3. Upon SPL placement, conduct room search and remove potentially harmful objects.
- 4. Maintain youth outside their room and in group milieu during waking hours when possible and appropriate.
- 5. Auditorily monitoring of bathroom and shower use; keep door ajar and make visual observation at least every three minutes.
- 6. Notify DMHP of new risk factors, warning signs, or a decrease in protective factors.
- 7. Document observations, behaviors, or interaction every 10 minutes in the Youth Suicide Precaution Tracking form.



JRA Juvenile Rehabilitation Administration

Supervision Conditions: Suicide Precaution Level 3

YOUTH		JRA NUMBER	FACILITY / LIVIN	NG UNIT		
DMHP	STAFF					
DATE AND TIME	PLACEMENT OR REVIEW SSS DATE					
☐ Standard supervision conditions						
☐ Youth cannot have these items:						
□ Belt □ Jewelry □ Blankets □ Mattress □ Book □ Paper □ Clothing strings □ Pants □ Crayon □ Pen / pencil □ Other / comments:	Pillows Pillow ca Sandals Sheets Shoes	ases	Shorts Socks Sweat pants T-shirt Underwear			
☐ Added supervision conditions:						
☐ Jumpsuit ☐ Safety blanket ☐ Other / comments:	☐ Safety m	nattress	Safety smock			
☐ Searches:						
☐ Common area ☐ Electronic Please note frequency of search:	Frisk		Room	☐ Strip		
☐ Program changes (school, meals, recreation, etc.):						

- 1. Intervene when youth are known to be exhibiting suicide or self-harm behavior as needed.
- 2. Immediately obtain medical care as needed.
- 3. Upon SPL placement, conduct room search and remove potentially harmful objects.
- 4. Maintain youth outside their room and in group milieu during waking hours when possible and appropriate.
- 5. Auditory monitoring of bathroom and shower use; keep door ajar and make visual observation at least every three minutes.
- 6. Notify DMHP of new risk factors, warning signs, or a decrease in protective factors.
- 7. Document observations, behavior, or interaction every 15 minutes in the Youth Suicide Precaution Tracking form.



Administration

Supervision Conditions: Suicide Precaution Level 4

YOUTH				JRA NUMBER	R FACILIT	Y / LIVING UNIT	
DMHP				STAFF			
DATE AND TII	ME			PLACEMENT	OR REVIEW	SSS DATE	
☐ Standa	rd supervision	conditions					
☐ Youth o	cannot have th	nese items:					
☐ Boo ☐ Clor ☐ Cra	nkets k hing strings	☐ Jewelry ☐ Mattress ☐ Paper ☐ Pants ☐ Pen / pencil	Pillows Pillow ca Sandals Sheets Shoes		Shorts Socks Sweat par T-shirt Underwea		
☐ Added	supervision co	onditions:					
	npsuit er / comments:	☐ Safety blanket	☐ Safety m	nattress] Safety sm	ock	
☐ Search	es:						
	nmon area note frequency	☐ Electronic of search:	Frisk] Room	☐ Strip	
☐ Progra	m changes (sc	hool, meals, recreation	on. etc.):				

- 1. Intervene when youth are known to be exhibiting suicide or self-harm behavior as needed.
- 2. Immediately obtain medical care as needed.
- 3. Upon SPL placement, conduct room search and remove potentially harmful objects.
- 4. Maintain youth outside their room and in group milieu during waking hours when possible and appropriate.
- 5. Notify DMHP of new risk factors, warning signs, or a decrease in protective factors.
- 6. Document observations, behavior, or interaction in the unit log. At a minimum, a log entry should be made toward the end of each shift.